

Catholic Prayers: Prayer to Our Mother of Perpetual Help



O Mother of Perpetual Help, grant that I may ever invoke your most powerful name, which is the safeguard of the living and the salvation of the dying.

O Purest Mary, O Sweetest Mary, let your name henceforth be ever on my lips. Delay not, O Blessed Lady, to help me whenever I call on you, for, in all my needs, in all my temptations I shall never cease to call on you, ever repeating your sacred name, Mary, Mary.

O what consolation, what sweetness, what confidence, what emotion fill my soul when I pronounce your sacred name, or even only think of you.

I thank God for having given you, for my good, so sweet, so powerful, so lovely a name.

But I will not be content with merely pronouncing your name: let my love for you prompt me ever to hail you, Mother of Perpetual Help.